

# Life Sciences 110: Career Exploration in Life Sciences

Whether you are confident with what you want to do next, or NOT, this unique class provides you with the tools you need to plan your next steps. As transfer students it's even more important to use your time at UCLA efficiently!

- You are a Life Science major and looking for guidance on how to plan for your future in a STEM field, but really don't know what else is out there beyond academic research or medical school
- As a transfer student, time flies by. This course will help you maximize your time at UCLA by helping you prepare for the future that is right for YOU.

## What is it?

- **UPPER DIVISION 2-unit class (P/NP)**
- An **invaluable opportunity** to spend time thinking about YOU and what is the best fit pathway for your personality, interests, values and skills
- **Guest speakers** will provide pathways to a variety of STEM careers
- **A community of transfer students**



## Did you know...

- **Clinical Laboratory Scientists** make a starting salary of ~80K with only one year of training after graduation?
- **Public Health Careers** can focus on a variety of areas including epidemiology, health policy and management, biostatistics, community and environmental health?
- **Teach for America** is a leader in social justice and preparing students for Medical School?

## You will know how to:

- Build and get feedback on a **resume and cover letter**
- Conduct **informational interviews**
- Perform labor market research on **career options**
- Use **self-assessment** feedback to clarify and confirm a career path
- Plan for **internship** opportunities and **post-undergraduate school**
- Use effective **study and time management skills**

## Why should I enroll?

*"This class forces me to do the things I should be doing anyway to plan my future"*

*"This class reassured me that there is a career out there that is right for me."*

*"I felt encouraged to stick to my goals and constantly self-assess. I valued the speakers who came into the class to inform us about their careers in a detail-oriented way."*

[Listen to voices of LS 110 transfer students talk about their experience](#)

## Where can I find out more?

Contact Dr. Rachel Kennison at [rkennison@ceils.ucla.edu](mailto:rkennison@ceils.ucla.edu)

**[Watch the video!!](#)**

**[ceils.ucla.edu/LS110](https://ceils.ucla.edu/LS110)**

